



Fact Sheet

SOCIAL SECURITY

2022 SOCIAL SECURITY CHANGES

Cost-of-Living Adjustment (COLA):

Based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2020 through the third quarter of 2021, Social Security and Supplemental Security Income (SSI) beneficiaries will receive a 5.9 percent COLA for 2022. Other important 2022 Social Security information is as follows:

Tax Rate	2021	2022
Employee	7.65%	7.65%
Self-Employed	15.30%	15.30%

NOTE: The 7.65% tax rate is the combined rate for Social Security and Medicare. The Social Security portion (OASDI) is 6.20% on earnings up to the applicable taxable maximum amount (see below). The Medicare portion (HI) is 1.45% on all earnings. Also, as of January 2013, individuals with earned income of more than \$200,000 (\$250,000 for married couples filing jointly) pay an additional 0.9 percent in Medicare taxes. The tax rates shown above do not include the 0.9 percent.

	2021	2022
Maximum Taxable Earnings		
Social Security (OASDI only)	\$142,800	\$147,000
Medicare (HI only)	No Limit	
Quarter of Coverage		
	\$1,470	\$1,510
Retirement Earnings Test Exempt Amounts		
Under full retirement age	\$18,960/yr. (\$1,580/mo.)	\$19,560/yr. (\$1,630/mo.)
NOTE: One dollar in benefits will be withheld for every \$2 in earnings above the limit.		
The year an individual reaches full	\$50,520/yr.	\$51,960/yr.

retirement age	(\$4,210/mo.)	(\$4,330/mo.)
NOTE: Applies only to earnings for months prior to attaining full retirement age. One dollar in benefits will be withheld for every \$3 in earnings above the limit.		
Beginning the month an individual attains full retirement age	None	

	2021	2022
Social Security Disability Thresholds		
Substantial Gainful Activity (SGA)		
Non-Blind	\$1,310/mo.	\$1,350/mo.
Blind	\$2,190/mo.	\$2,260/mo.
Trial Work Period (TWP)	\$ 940/mo.	\$ 970/mo.
Maximum Social Security Benefit: Worker Retiring at Full Retirement Age		
	\$3,148/mo.	\$3,345/mo.
SSI Federal Payment Standard		
Individual	\$ 794/mo.	\$ 841/mo.
Couple	\$1,191/mo.	\$1,261/mo.
SSI Resource Limits		
Individual	\$2,000	\$2,000
Couple	\$3,000	\$3,000
SSI Student Exclusion		
Monthly limit	\$1,930	\$2,040
Annual limit	\$7,770	\$8,230
Estimated Average Monthly Social Security Benefits Payable in January 2022		
	Before 5.9% COLA	After 5.9% COLA
All Retired Workers	\$1,565	\$1,657
Aged Couple, Both Receiving Benefits	\$2,599	\$2,753
Widowed Mother and Two Children	\$3,009	\$3,187
Aged Widow(er) Alone	\$1,467	\$1,553
Disabled Worker, Spouse and One or More Children	\$2,250	\$2,383
All Disabled Workers	\$1,282	\$1,358

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